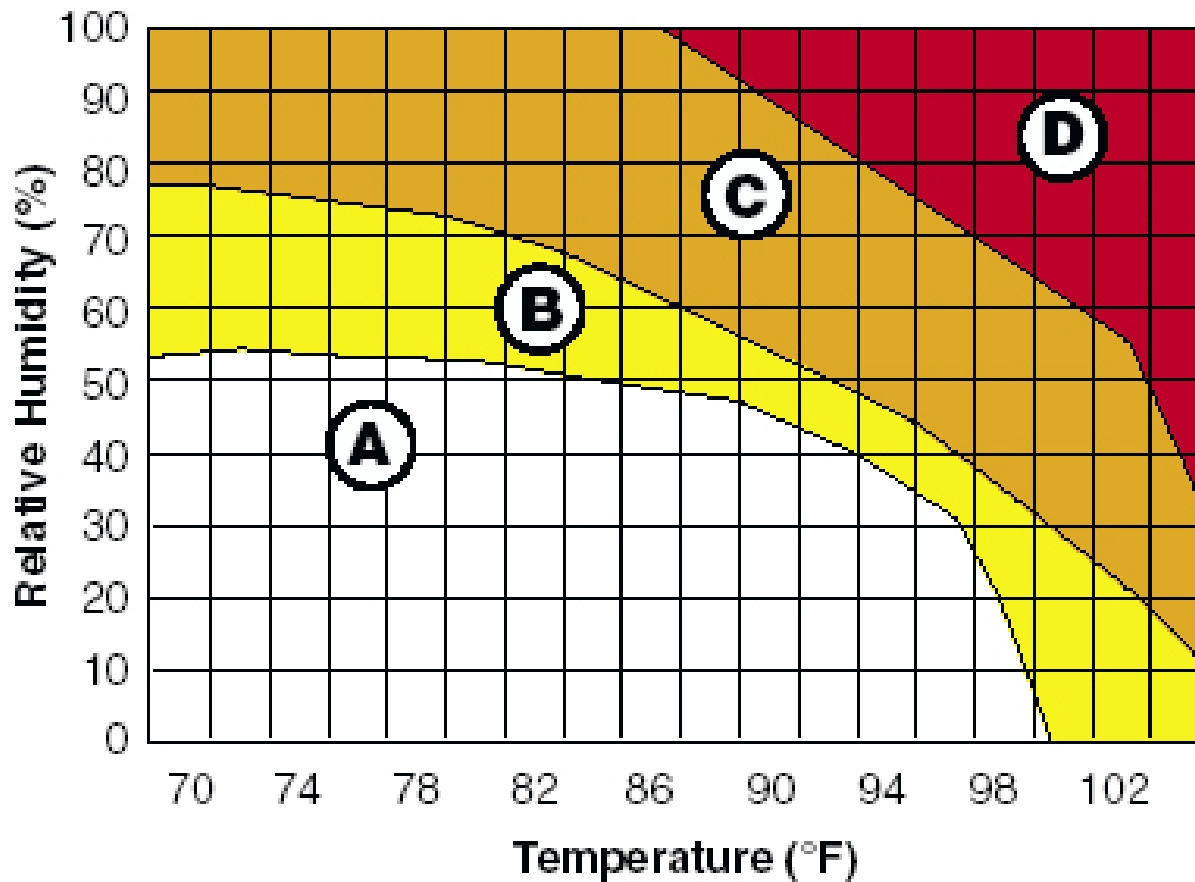


## College Station ISD PreK-6 Grade Outdoor Activity Heat Chart



- A.) Students should receive a 5-10 minute rest and fluid break after every 25-30 minutes of activity.
- B.) Students should receive a 5-10 minute rest and fluid break after every 20-25 minutes of activity.
- C.) Students should receive a 5-10 minute rest and fluid break after every 15-20 minutes of activity.
- D.) Cancel or postpone all outdoor activities.