

Heat Alert Recommendations

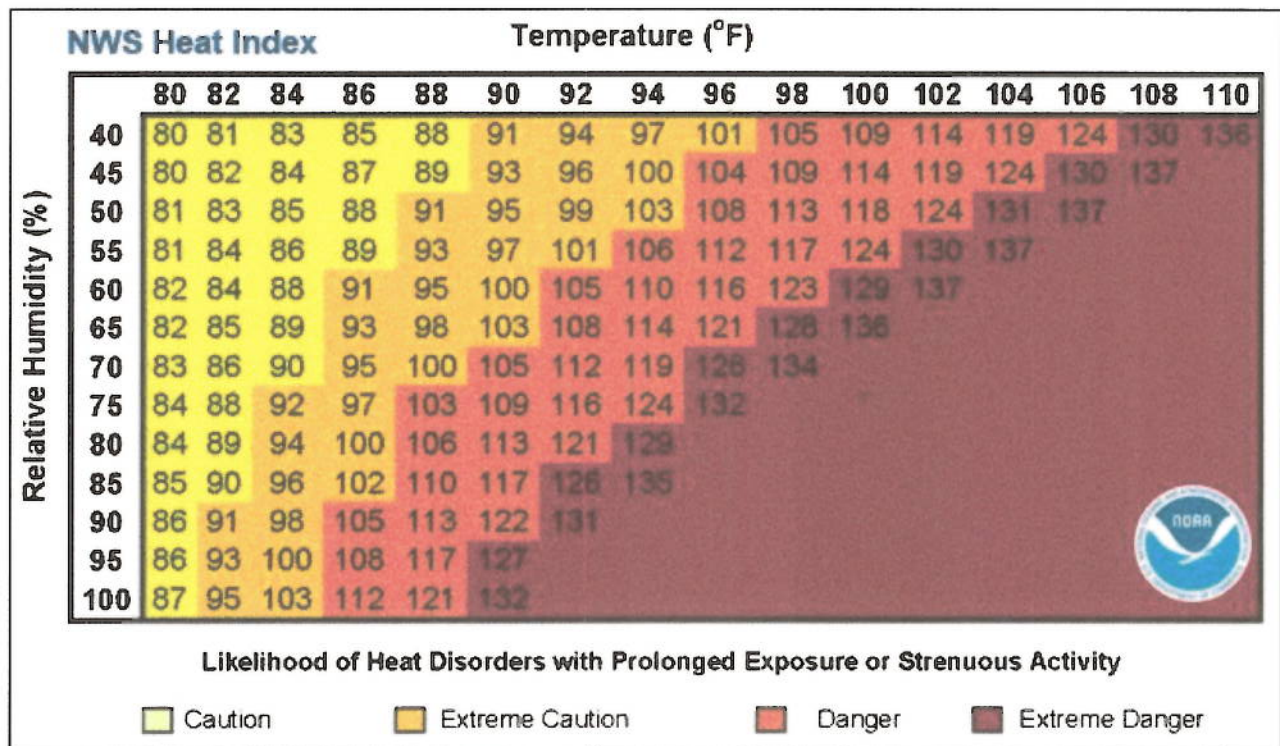
HEAT ALERTS: Know the difference.

HEAT OUTLOOK (Minor): Excessive heat event in 3 to 7 days

HEAT WATCHES: Excessive heat event in 12 to 48 hours

HEAT WARNING/ADVISORY (Major): Excessive heat event in next 36 hours- the heat, or combination of heat and humidity, *is expected to be dangerous* for a large portion of the population. When apparent temperature is 115 and over, it is recommended that outdoor activities be suspended.

The **heat index** is an accurate measure of how hot it really feels (apparent temperature) when the effects of humidity are added to high temperature. In direct sun, it will feel 15 degrees warmer.



<https://www.weather.gov/safety/heat-index>

CSISD School Nurses

Centers for Disease Control National Center for Environmental Health 2019

National Oceanic and Atmospheric Administration National Weather Service 2020